

Apprentices for DEEP Roots Project

Session Three

We are working with the model that whatever is in the individual's energy field and contracted energy fields, no matter how it occurred, the 'seed' will cause situations to emerge.

- That is why once we identify an issue, we freeze frame the situation, ask to be shown causes as deeply and broadly as possible, and declare their healing and transformation.

What you will do for your Deep Roots peeps this week:

- Ask to know at the earliest age your participant experienced trauma in this lifetime. Write it down
- Ask how many of her/his aspects are ready to move out of the trauma, get a number and write it down. Ask that they all be gathered and moved into the 'blue room'. This is a place of safety, calm, to begin actions of healing and releasing. That could include bubble baths, rocking and holding, etc.
- Ask and imagine these young ones being gathered out of their 'hidden' places with loving angels/guides. You can use words such as these:

"We see you and love you. I am so sorry it took so long to find and hear you. These angels who love you are moving with you into homes of Divine Good to place you into your true family's arms. You will also be able to watch to see the safety and strength that is emerging in (participants name) life. You can bring your new energy into (participants' name) life when you are ready."

- Call in those who would love to work with these young aspects, often they are of the Mary Magdalene collective. Imagine the activities, always asking what is needed from you.
- Ask if there are outsider influenced forms in her/his life presently. How many? Place all of them in the **Box of Consequences***, freeze-framed and in the Deep-six protocol.

What Causes/Seeds has/would bring the manifestations of trauma?

- Galactic
- Void
- Negative worlds
- TC
- BM
- Contracts
- Insertion
- Patterns

Use the Re-AN protocol

Write a Reality Statement that would include safety.....

Your Assignment:

Consider:

As you stand back and look at our life as if it were a movie, what would be the title? and what would be story line?

Consider and send your answers back to me by Tuesday, November 22nd. Send to deeprootsodyssey@yahoo.com

* See Resource document for TAG III #3