

Field of Action Process



Which area of your life are you being drawn into?

- Career
- Relationship
- Health
- Finances
- Sophia
- Personal Presence

Each field within your expansive Life Energy has its own space, just like an organized garden has a spot for carrots, zucchini, strawberries, etc.

It is valuable to declare the qualities of the entire garden, such as, "My life reflects the qualities of stability, joy, respect, and adventure."

Evaluate the current, specific field.

Using your pendulum, ask, "What percentage of my field of reflects my conscious choices, for example, Reality work, and my Higher Self's input?"

- a. As an example, you may get, 50%
- b. Ask, "Of the other 50%, how much represents negative karma from other life times, genetic trauma, and soul contracts of limit?"
- c. Ask, "What % is in Soul aspects?"
- d. Ask, "Of the remaining %, is it Outsider energy in some form?"

Now you know the various energies to be changed, removed, and healed.

When you are adding a new goal or expanded goal:

Begin with a Reality Declaration, such as:

- A. *"My field of finances and resources represents my chosen qualities of stability, consistency, strength, and constant flow of abundance."*
- B. Use the **Reality Shift**, **Brain Balance**, **Tapping** for release of negative held in the vagus nerve.
- C. **Deep Six** for Outsiders, **TAG**, and **Transform** for healing are other possible processes.
- D. **Crystal Child** dialogue may be needed to get any message or contracts to be released.

Let the field of Declared change settle.

Then, evaluate the field. Repeat the above steps, let the field settle and evaluate again. We are collapsing the time it takes for the new energy to be in resonance to your Declaration.