

TAG, Galactic System of Healing and Learning



We can 'hold space' for others and the is valuable.

In TAG we hold 'outcome' which is expansive.

"S/he who is the master of energy, determines the outcome."

Sananda

First Month

week three

Practicing Your Presence

Laws

- Personal Choice
- Manifestation
- Female Authority*

Holding clarity which creates a vibrational harmonic will impact all around you.

Healing with color

"Primary studies with hands on healers verified the uniqueness of the transaction between healer and healee.

"For example, healers who specialized in treating pain and quieting hypertension had strong blue-to-violet fields when healing.

"Healers most successful in improving hypo diseases, such as hypo glycemic and hypo-thyroidism, or weak tissues functions created strong red-orange-amber field.

"Red was predominant with healers who regenerated muscle, bone, and nerves.

"A green-yellow field proved most effective with nerve disorders such as Bell's palsy, cerebral palsy, or nerve degeneration.

"...we realized that a transaction between the two fields was essential to hasten healing...

"We observed that before the brain wave was activated and before stimuli altered the heart rate, blood pressure or breathing, the field had already responded (to the color vibration).

"This led us to postulate that a person's primary response in this, "The first exchange with his world takes place first in the auric (unseen energy) field, not the sensory nerves nor in the brain."

Valarie Hunt, PhD.

The Infinite Mind

Strengthening Your Presence

Write a Reality Statements such as:

- I am a Presence of.....
- I am using my gift of..... to.....

HermeticExercises

"We must always be aware of the fact that the body, soul, and mind are to be trained simultaneously for otherwise it would be impossible to gain and maintain the magic equipoise."

Franz Bardon

Initiation into Hermetics

Mental training:

thought-control, discipline of thought and subordination of thoughts

Step 1 has 4 exercises:

1. Observation and recall

Sit for 2 5-10 minutes. Observe the thought, move it aside observe the next thought, move it aside, continue this for 2 minutes. In your control book, write , the thoughts which you observed.

2. Discipline of thought

This practice is to prevent thoughts from intruding into your mind. Simply set all thoughts aside as soon as they show themselves in your mind. If there are any distractions, count them as such and set them aside. Work up to 10 minutes.

3. Subordination of thoughts

The purpose of this practice is to hold your mind on one thought or idea and suppress or set aside any other thoughts coming into your mind. Work up to 10 min.

4. Vacancy of Mind

This exercise is to produce an absolute vacancy of mind. Lie or sit comfortable. Relax your whole body and close your eyes. Dismiss energetically any thought coming to you. Do not allow any activity within your mind. Work up to 10 min.

Suggested Assignment.

Affirm the bigger plan. You can write it into your words as a Reality Statement:

I choose to be part of the teams supporting with this goal.

1. I am connected to the extensive team for this plan.

Ask questions and listen for the answers.

1. Who is my touchpoint, connection communicator into this team:
2. Is there a name I can call you?
3. What is a daily or regular practice you/my team suggests?

Resources

* Designate the meaning of, 'authority'

In the TAG/Galactic to Gaia Landscape, we understand that All exists in a space beyond time/space/understanding. ALL GOOD, All Possibility exists as songs, numbers, colors, vibrations, etc. It IS. IT is not formed. Personal choice as well of Collective Good is inherent that field. That is US.

The Infinite Mind by Valerie Hunt, PhD.

<https://www.malibupublishing.com/books/infinite-mind>

BarDcode Alan Green

