

## TAG on the Galactic Landscape Class #4

### Class #4 part a

Welcome to the fourth week of tag on the galactic landscape. And this is going to be a very small class. I'm just going to run down what everybody's doing who couldn't be here, kind of. So we've got Janil let me know through a band, which was lovely. There's a little chat feature on our app called band that she had some kind of medical procedure, and she will be coming in late. So she will be here, but not but late. Jennifer is dealing, know, getting her blood sugar under control, so she's going to be on mute and just kind of listening and being held. I think it's so important that we have the energy here to hold us, even if we can't be fully present. Sharon Alexander is with her husband in Belize for one more week and dealing with what their family's going through. Arleigh, of course, this is middle of the night in New Zealand. Not New Zealand, in Norway, so she won't be here. She definitely says it's not the same listening to the recordings, and I agree, but it's the best sometimes. We have. Teresa is with her daughter, celebrating a birthday tonight, so she let me know that she wouldn't be here.

And Deborah's dealing with her husband that's been very sick, and she didn't think she'd be able to be here either. We are holding space for all of those because this is very intense time. I'm not sure how you guys are feeling, but this has been really intense. And I think it's way beyond us individually. And so what we can do individually and in this group, holding the light of lightness and spreading it outward, is important for all of us. So here we are in the sacred ground of sovereignty, each of us cocooned in the six fold cocoon and extraction shield, along with all of those to whom we are connected in love, where our homes, our lands, our being, all of our sisters in the circle who could not be here are also included in the sovereignty and in that protective shield. And we move all of us into that higher vibration of the fourth world.

Is where they want us to be tonight, way up out of the fray. So just take a breath and let.

That breath bring you to this present.

Moment where you are in your physical body, wherever that body is, bless it. And while we gather, we ask that our causal teams, those teams in charge of the hardware, those teams in charge of the bodysuit vehicle itself, this is a time to let the energy be resonating for the restoration of that vehicle, of the body. We are connected to divine families, star families whose only commitment was to good of all benefit. And that energy can be breathed right down the midline of your body to let that energy of all possibility, unlimited intelligence, creativity, like a rainbow, breathing it down the midline of your body and out your feet into Gaia. You are the rainbow bridge.

Saying to.

Gaia, I am here differently, wholly. Just notice those colors. Yellows, oranges, red, violets and blues green, back to yellow, flowing through and filling every space, cell, organ, tissue of the body's physical and all fields within this immental, emotional, spiritual field. Again, breathe that energy down the midline, awakening all of your chakras, all 15 energy going down into the earth to the mycelium. The wisdom of women from ages and ages. The strength now being brought forward to resource you. Take a moment and imagine the energies of those women. Their strength, their wisdom, their smiles. Are they holding you? Are they lifting you on their shoulders? We made it. Feel their presence and breathe again, right into this present moment, which is the power place of the now. Standing here together with the clarity, a light being amongst a collective energy of light beings. And in that broadcasting, radiating the extraction process of eliminating the contamination, the viruses, the outsiders, the agendas. Gone.

Mmhmm.

We are present, free and sovereign. And our circle is set. And here we are, together. And then when you're ready, bring yourself back to be present to the circle. So we're holding this space, us four.

Three.

Andrea somehow slipped out.

She'll slip back in, I'm sure, for ourselves. But we're holding it for all of those who are in this course and those are connected to this course.

So the first thing we're going to do is I want you to recall what was going on in your life. That when we talked, that you thought, or I maybe said, you want to come and be in this course. What was it that you.

I'm going to bring Ale Andrea in.

So what we're going to do, just for the next maybe 10 minutes or.

So, is have each of you are.

Going to have 3 minutes, up to 3 minutes as a check in. What was it? Just think about this. What was it that you add, heal. What was it? Or I talked to you about this class. What was it that you wanted to add to your life? Changing your life, healing your life. What was up. And at this moment, we're halfway through. What is it now that you're seeing? That is the new end result. It might be the very same, but it might have changed a little bit. And I'm going to time each of you and I'll share to Jennifer. I don't know. We'll share. She's kind of like in limbo right now. And also, I am going to send everyone in the class a number whereby they will share their 3 minutes so that we'll all be together. Because we want to hear what everybody, where everyone is. We are a micro within the macro. Okay, so here's the question. What's the new outcome you wanted and you thought this course might help you with? And halfway through, what is the outcome that you now see you want that you're hoping this class will help you with?

Okay, so I'm going to give you a few moments, and I'm going to have Andrea share. Pat, share and then share. Andrea, whenever you're ready, just pop yourself back in. Let me get my timer turned on here. And see this little beautiful card. That's a beautiful card. That's going to be our timer. So when you have 30 seconds left.

Okay.

That will say. So we all know what it is. Okay, Andrea, I'm going to have you, if it's okay with you. So let me just get into my timer here thing.

Okay. I'm just heading back to my car.

Okay.

You sure you want me to go first?

Well, it depends if you want Pat to go first.

Yeah, why don't we have Pat go first? I'll be at my car shortly.

Okay.

Could you mute me?

Yeah.

Little tricky on the phone. Okay. Thank you.

Okay, so I think, Pat, I think you're going to go first. She's going to go second when you're ready.

So I think part of the motivation for coming in was being a part of a group that was going to hold up a certain area. I guess you might, I don't have the right words, necessarily, for women in this world. And I feel really committed to that. And part of it was to come to grips myself with where I go from here. Although that wasn't stated very clearly, I didn't state it very clearly, but I'm pretty clear now that that's part of it. And then it's funny how the things that you do most unconsciously or for the reasons of relaxation or whatever, one of those things for me, oddly enough, was to watch this documentary on Alexander the Great. Now, I have been fascinated by him, but I watched this, and then I thought, God, I couldn't even watch part of it because it's so bloody as nothing but battle. Battle. Battle.

Battle. Battle. Battle.

Battle. But that really wasn't all of it. Part of it was his growth, spiritually which it just barely indicated, with little scenes and so forth. And then tonight when you were talking, I saw that. I don't know how it just came to me so clearly that when I think about people who can really help me or uplift me, I often think about men being that. And then when you were saying how we can help and uplift each other, and I'm thinking, well, I've been here lots of times before, I'm lifting myself up, which I really actually believe is true. But I thought, what a dichotomy that I, on the inside, have this feeling I have to go to men to get uplifted or saved or whatever it is. And really when I'm being shown, it's really no matter the sex or whatever, it's really everyone coming together with their gifts, willing to work with each other that really makes the difference. And that's it.

Great.

So that's the outcome. Being in a group, organization, in your life, community, whatever, in which people are lifting each other in healthy ways.

Absolutely. Really good ways. Everybody has a piece and their piece is important. And when you put it together with this piece, everybody gets this amazing insight. It takes you leagues further down the road. I just saw it, like almost like I'd never seen it before.

Perfect.

Love that, Pat. Ok, Andrea, I don't know if I can unmute you, but I'm going to just.

Yeah, there's a to speak option. Sorry about the distracting. Fine currently life. But anyway, yeah, when I came in, it was all about making all the money I could ever want and need, doing work that I love, really feeling valued, and that my heart aligned. Gifts and skills and talents are highly valued, well paid and with ease and grace, all that good stuff. And I would still say that's very present. Gosh. Sorry, that's very present. And also looking at what's truly a rich life. And it's also kind of like what was being spoken of, like having an incredible, an incredible

friend, family, having good adventures, like kind of just that whole, what is a rich life? Quality love and connection and enjoying the clients you're working with, all that kind of stuff, presence with oneself and all that. So it's all kind of just kind of a prospering love vibe. So, yeah, I think that's pretty much it. Keep it like, simple and succinct.

What it sounds like to me, it's like you've expanded from abundance in the money arena to say, wait a minute, what makes life rich in all arenas? I want to expand that.

Yeah, like they're just an abundant life. An abundant life includes prospering well and loving the work I do and more. Yeah. A truly abundant life, truly rich.

Thanks, Andrea.

It feels very heart centered and meaningful. Yeah. Thank you. Can you mute me?

I can mute you.

Okay.

Jennifer, did you want to share? Did you?

I didn't.

I did unmute myself. Sharon had asked me to come to this class. I think her main reason I didn't specifically ask, but was to be in a group of women with the energy that they, as a group, can help me. And since the class and Sharon is also here with me, a lot of things have come up that.

I have.

The tools that I've learned from Sharon and have been able, with her here, taking care of me, to work through those processes. So it hasn't been easy. But I'm not just laying here suffering. I'm doing the work to make the changes I need to make. And that's it.

That's great.

So, again, a life that gains capacity as new twists and turns comes to us. Because life is not always a straight path. It's not always smooth. It's ups and downs. And so the capacity to add tools, community, et cetera, as we go along is important. I think that goes back. Thank you, Jennifer. I think that goes back to Pat and being on the galactic landscape. When you're on the galactic landscape, it's like being in the ancient mystery schools. The ancient mystery schools taught everything. Math, psychology, medical. It was all there and all valued. And then now we've got it all scattered all over the place, and then we've added competition, and then we've added greed for profit. And my way is better than your way, instead of this and this and this and this. An integrated model. So the value of being on the galactic landscape, community, is that I want to hear your wisdom. I want to hear your wisdom, like Pat was saying. And that's what we're doing. So, for me, when I started this class, I started it because of what was going on in the world. And also I wanted to give the women, especially women who were trying to make powerful changes or even changes in their life, a place where they could be reminded of the tools, reminded of the platform, and give them a model with which to work.

And it has, in my life, it's been hugely intense. It's been very difficult, because when you make, like, personally, making the commitment to expand in some way or heal in some way, when you make you naturally will cause what's underneath that's been hidden. To come to the top and so for me, things that have come to the top, because I feel this class is really a very master class. I think if I were to say I wanted to leave one inheritance for my children and grandchildren, to say, this is my wisdom, this course would be it. This would be it. And so where I'm at at this point for the outcome is to have a very solid presence in the world of the galactic platform and let go of it. Wherever it goes, it goes. I don't feel the need to push, push, push, but I feel the need to hold a stand. So that's me and.

## Class #4 part b

So, like I said, if there was one bit of legacy that I would say, this is here for my children, grandchildren, great grandchildren, this course would be it, because navigating this world with the old information is absolutely crazy making and keeps you stuck where the galactic landscape gives you a different platform on which to work. So we have been on this planet, us star beings, our souls, in physical bodysuits, for generations and generations of time. So things that we are dealing with in the present moment didn't begin in our early childhood. It did not. And if we only go to that and think that it's going to heal the depth that's causing our pain, we will never, never become free. So I'm just going to go through a little kind of a slideshow here. And so here we are. This is a picture, literally, a picture, energetically, of Laniakea, which is a supercluster. It is a space beyond what we could even comprehend. And in that space are galaxies upon galaxies and planets and who knows what else. That Laniakea has an intelligence. What we work with in the tag system, we work with an intelligent field of Laniakea because we are within that system.

Where are we within Laniakea? We are within the Milky Way galaxy. So here we are in the Milky Way galaxy, and there's all of these multiple multiples that we have no knowledge of, really. We know they're there, but we don't know why, what, or et cetera, in the Milky Way galaxy. If we go back to. To. Because I think this is. See right where my pointer is, that is the Milky Way galaxy right there, the little dot. And within that little dot is an even smaller dot called Earth, but it's within the Milky Way galaxy. So home, would we call Laniakea home? Is that what we would call home source? Possibly. Certainly. Milky Way galaxy would be considered home. Unlimited, unknown possibilities. And as we then you as a dot of intelligence, a spectrum of intelligence, coalesced around a specific idea of what you wanted to experience more directly, whether it was joy, peace, leadership, clarity, inner knowing, whatever it was you coalesced about, one of those families that are now on the planet, you became extended from home or birthed into what we call first world. We've talked about that. This is the first world.

And because in Laniakea, there were already agendas of domination, like viruses floating around, parasitic types floating around. They always killed their host.



Their host energy got so diminished, they couldn't live any longer, stuck and dry. So they were always looking for new juicy collectives of which you were one of those. Here was your first world. You have already made a very clear, soul deep commitment to live a range of all good. That's why you are not in that place of home. You made a commitment to live and experience and create good. This first world is where it became the first step out. Not disconnected from home, but extended from home. And then we got attacked and attached and deceived, invaded by outsiders, that our energy began to diminish. So this slinky kind of spiral got smaller and smaller and smaller until down here at the 7th world, we were ready to give up the ghost. Therefore Earth mission. What most people, even, especially in the personal growth, metaphysical, that kind of community, what they work with is this energy of what we call Earth. So it has eight dimensions. Three of the physical, four, five of the mental, six, seven of the emotional body, and the seven eight of the spiritual body.

And if you're in a personal growth, there's an acknowledgment that we have those four bodies now within that energy field. We started being diminished, attacked, attached to, deceived, lied to, et cetera, way back in this galactic world that's held within Milky Way and Laniakea. So up in Laniakea, up in Milky Way, there are seeds of disease, destruction, diminishment, et definitely.

Here comes Jania.

That definitely part of the vibration extended with us into our pods, that our collectives that became Earth. And welcome, Janelle. We're just kind of reviewing here. So throughout this entire spiral, there is. There's pockets of energy, I call it negative karma, just to give it a name, little pockets or seeds that are going to manifest and grow into problems. And some of are your creation. A lot of them are not your creation. Are you of my light? Those are not of your creation. You don't fix them, you don't change.

Them, you don't heal them, you have them removed.

So here's our journey through the galactic worlds. And when you come right down here to world eight, that's where we then can put this one in place, which is our physical, mental, emotional and spiritual energies. Now, here's a picture of

how it looks. So you see, here's your birth. I have an orange line. This is birth into this lifetime. This is what you bring into this lifetime. Everything below the surface energy codes that were held for broadcasting from who knows, wherever, your galactic family, the deceit, the outsiders, attachments. And so you birth into this lifetime, and we think a baby has clean slate. No, doesn't have clean slate. All of these situations are there under the surface that can manifest at any time. Why? So that we will know that the seeds are there. Why? So we can eliminate the seeds. So if you only do things to numb out the symptoms or the situation of pain, if you only numb that out, you'll continually live with others symptoms of pain popping up. Because the answer isn't to numb out, it's to get awareness and tools to go deeply enough to free yourself and then your family, et cetera.

So that's what we have available to us on the tag, when we're using tag on the galactic landscape. There is so much information that has been intentionally hidden from those of us star beings in earth bodies. Intentionally hidden? Why? Because if you don't know the problem, if you think the problem, for example, is that the chemicals on the food, and you go after the chemicals on the food, you'll never clean up the food, because it's not the chemicals on the food, it's the agendas under the Chemicals on the food that allow chemicals on the food to be accepted. So when you don't know the problem and you don't know the seed, you cannot solve the problem, you're solving the wrong problem. And when the outsiders pit black against white, red against white, yellow against red, I mean, when they pit us against each other, absolutely, we're solving a problem. Wasn't even a problem.

That's not what's going on.

So when you have made a decision and you have, that's why you're in this class, that this is an outcome that I want, and it's an outcome you may have wanted before, and it's now going, you're going to get a little bit more deeply engrossed in it. You're going to apply more tools to.

It, you're going to get more clarity around.

It doesn't have to be a new outcome, but you're taking it further. That's what we're doing and why we're adding right off the bat, first of all, your clarity of who

you are. I'm a presence of. Remember, I'm a presence of. What are you a presence of? I'm a presence of wisdom, clarity, anchoring with authority, whatever you claimed. And you can change and refine that. This is where you start with you. Then you have to be radically committed to being responsible for what shows up in your world. Because the way we've survived up until now is feeling like God did it to you or somebody else did it to you, or I'm not responsible for it, and I blame everybody else. And I don't know what to do. And I live in victimhood, and I do the best I can, and then you never get past it. We have truly lived in survival techniques for many, many generations because we had to.

We.

I'm saying humanity did not have the restoration of the female assignment, which was to sense or taste. This expands me. This constricts me. And because this constricts me, I can speak. Sword in the ground. I mean, staff in the ground. This is my space, my life, my family. This is mine. I claim it as mine because I am on Sophia collective authority. Sword into the sky. Remove. What is constricting. I see this constricting. Remove it. Deep six. Without that authority, we had no authority as women to eliminate what has been destroying our families. We had no authority to do it. It had been ripped away from us. So we had to survive. Therefore, seven generations and further in your lineage, your mothers, grandmothers, great grandmothers, great great great grandmothers, they fond to men, they kept themselves quiet, they fought with each other, they survival.

They had to.

So here you are saying, I am free, I am sovereign, I'm authority. In order for you to hold that.

Space, the generations bounce need to be also included.

Otherwise they're holding and flowing to you the survival, which is what they had. Nothing wrong with them. Nothing wrong with them, nothing bad about them. But that's what they did to get you where you are. They held the pain. They kept themselves silent. All of that to help hopefully get their family to a place where they.

Could live as true soul star beings. And that's where we're at.

So, remember last week and Janelle, just to kind of catch you up, there's a lot of reasons so many couldn't be on the call tonight that we're going to take a journey and a process for you that are here that they can listen to. But we may repeat and deepen next week because it's so powerful beyond just listening. So welcome.

We're glad you're here.

Okay, thank you. So here is last week we did.

Part one of that generational. And if you just can, you can just be in imagination, as I remind you. So last week I reminded you that.

You've claimed a presence, and then you've claimed an outcome. When you claim the new outcome, even an expanded outcome, old patterns, situations, and people who would prevent you from having that outcome will flush to the surface. What happens. So the pain, anything that was up, a feeling, a pain, a discounting.

I had you be with that pain, yours. And then realize that if you look.

Back, you say to your maternal lines, who else has lived that story?

And you let that space be filled in your imagination.

It might have been a room where all of your ancestors back in time, who lived that story that you are.

Having a taste of, you brought them into that room, into that room where they could finally let their pain be seen, heard and spoken, because you're at a time and in a community that has the sophia authority to make a difference. So we brought them in and we said to them, we acknowledge this has been painful. There is no way to diminish the.

Pain that you felt.

We want you to know, we know it was not easy. And we also want you to know that we recognize that you agreed to let that pattern play out in your life so that hopefully one of your ancestors, your daughters, great granddaughters, could have the tools to do something about it. That was a contract, and we are here saying we can do something about it.

Therefore, your need to be contractually tied.

To that old pain is fulfilled. Contract eliminated, contracts dissolved. We have the key. And we let that settle in and bring in their healers, their angels, the sophia group, to take the pain, the costumes, all the limit and lack that they took on and move it into light celebration. They did what they did not because they were bad, not because they were wrong, not because they needed to be shamed. No. They took it on from a sole strength to bless this family. And then we said to them, you, contracts are forgiven. We place all of you into the hands of divine good, into that field that has the ability to dissolve what seems impossible generations back in order to open doors to the good, to benefit the love that you are as star beings. And we let that be their path. So that was the first part of the generational healing. Now we're going to do part two.

When that was completed, you could then reaffirm your reality statement. So I want you, in your mind.

Just to think, what is a statement.

That you are holding?

Just a moment. I have someone at my door, so I'm going to turn on the mute and what is the reality statement for now and get that in mind and we'll talk.

So here we come back to what do you do when you're moving forward? You keep coming back to your north star. Your north star might change a little bit, but you come back to your north star. So I want you to speak a reality statement so that we'll do the second part in relationship to the reality statement for see Andrea I don't know if you're still there. I know you have an appointment you had to go to.

If you are there, Andrea, you can speak a reality statement. Then Pat and then Janil and then Jennifer. I don't know if you'll be able to unmute, so. Andrea, are you there?

Hello? I am here. Yes, I'm just about to. You guys can. Yes, I'm about to head into. Help organize the. As far as, like. I really loved all that you were saying. As far as upgrading my reality shift, the only thing I can think of and also play with a little bit is.

Say that one more time.

Well, just something with like in alignment with the galactic field. I don't know if you told. I meant to have the right earbud on, but. Hold on 1 second.

Sorry.

Can you hear me?

Yes.

Okay. Yeah, I don't know exactly how to best up level my reality statement other than in alignment with the galactic codes or whatever. So I want to play with a little bit, maybe check in with you about that.

How about if we said all of my galactic. My galactic capacity and codes have manifested into my earth life of abundance and richness.

Yeah, that sounds cool. Yeah, the galactic codes, that kind of thing. I like that.

It'll be on the recording. You can find that.

All right, well, thank you. I'm glad I got to hear.

Okay, thanks, honey.

Enjoy the rest of your evening and all. Okay, bye bye.

Bye, sweeties. Pat, do you have an idea what would be your reality statement LPF to unmute, babe? Oh, you did?

There you go. Okay. Did I ever say what my reality statement was? Or did I ever say. I'm not sure I ever said that.

Let's see what you'd come up to. What would be a sentence for you?

I don't think my goal has ever changed. Interesting. And when I realized that it's possible to reach the same state that Jesus had, or Buddha or my baba, then I said, that's what I want. And even if it takes me longer, and it surely has, I think it's possible. I was talking with a friend tonight about stem cells and how they're so intelligent. They are so amazingly intelligent. They know exactly where to go. They know exactly what to do, and they even give up their own life to make some other cell live. And what you're talking about, it's kind of like that, all the generations that we've gone through. But I think it's time.

To get.

To that level where we're in that state where we do know and we can go where we're needed and transform that area, whatever that is.

Yeah.

So it might be something like.

In a. In my.

In my. In my state, in my presence of. Of a divine soul.

That's a stem cell.

In my presence as a divine soul.

I move where I am called and enhance the good there, right?

Something like that. So, yes, but having a reality statement for tonight is important. Janil, I don't know that you are going to want to be unmuted or have. You can mentally do it. So just. Janelle, if you want, just mentally have a reality statement, but if you want to unmute, go. Yeah, sure.

Can you hear me?

I can.

This is the statement that I've been working on is my new life is filled with grace, ease, and prosperity, which fully supports my galactic mission and personal fulfillment.

How about this is just only a question.

I'm not saying that's a suggestion.

My life is new because my new life still puts it outside of present in my mind.

Okay, so you would say my life is new and it is filled with what?

Yes, because that makes it present for me. That's what. Great.

Oh, thank you for that.

Thank you, Jennifer. I don't know if you want to unmute. I'll give you a chance to. And because this is recording any of our group who is listening, either for the first time or even Jennifer, I see you unmuted. Do you have a statement?

Well, I've been working, one that I like, but I think expanding it. The one I've been working with is better health and wellness, open doors I walk through. I would like to add something where I just naturally resonate. An energy of healing and removing outsiders. That's just something I don't necessarily have to do for people I don't know, but it's out there. Does that make sense?



Yes.

Let me think how we might say that.

My divine presence, I, of clear, stable, healed vibrations resonate to clear and remove the cause.

Of destruction, disease and diminishing.

Is that something at least work tonight?

Yeah. I like that. Thank you.

Okay, now I'm just going to take you on a journey. So you're just in your imagination. Let yourself go on the journey, you, presence on the planet, female body, right to choose, have chosen this outcome. Now, in your mind, think it through, even if it's just a few words, think it through. And then I'm going to take us to the reality shift, and then we'll move into the generational piece.

So think the reality statement. We call in all of our healers, causal team, designers, ask them to move my consciousness, which is your entire energy field from the galactic down to the earth into the earth eight. Move my consciousness into this declared reality, myself and all to whom I'm connected in love. I ask the tag healers and pto collectives to deep six anything that is, has or would keep me from this reality. Breathe and let them do that clearing work. I ask our causal team, our control central to defrag the hard drive of where my software programs are held for this lifetime. Defrag the fifth dimension, clear it out, and then write the software program for the highest expression for myself and all to whom I am connected in love for this outcome. Write the software programs, download the codes into my and their first dimensional field and anchor the program itself into the fifth dimension and activate it in my hardware for this lifetime. Just get a sense of being in this field of energy. And the energy is rearranging. Clouds that are rearranging. And some of those clouds, some of those tentacles are of outsider influence.

And they're going like, we're not aligned to that. They're not aligned to that.

They become like hot spots that drop down like from the sky onto one.

Place on the planet. Here you are, the sky.

And these software, I mean, these energies of outsiders.

It says, not on our life, not on our territory.

It drop down to one side like they're on one side in a group. I'll just call them hotspots. They are not your light, not your manufacturers, not yours to fix.

But they have been interfering and would.

Continue to interfere with a specific request. Get a sense of that group pulling down. And we have them all corralled in a field, all surrounded. And we say to the PTO, surround this field. These are energy constructs, hotspots who would actively destroy my ability to do this choice. Bring them down. Each one of them are like the body of an octopus with arms reaching everywhere. So we understand that they aren't just little. There's very extensive networks plugged in all over your field from who knows where. Doesn't matter. The PTO is there. And we say to the PTO, these are not allowed because we are Sophia. We are standing in Sophia power. Our staff in our ground. This is my body, my life, my choice. And these are not allowed. Sword into the sky. PTO contain all of these created forms. Neutralize so that they can easily identify. We identify the extension. Wherever those octopus go, neutralize them and unplug the tips of those tentacles. Unplug them from every part of myself, my field, and those I care about. Unplug them from my energy field and the field of everyone to whom I am connected in love.

But the field is contained. It's not going anywhere. And there's no fight. It's neutralized any similar constrictions. Networks are to be included in that hotspot. The same thing with them. Contain them, neutralize them. Discover where the tentacles land, detach and unplug. Pull them in, soaking them into a large ball. They were created outside of earth, outside of our galactic field, out into Laniakea somewhere. So PTO moves them back to their originator. Originator. So all of it is moved out of your field. And remember, you're filled

with the rainbow colors. The rainbow colors help move that out. All of that energy of hotspot outsiders move to their originator in Laniakea, just like if you were here in the United States and we found a criminal who had escaped to Italy. We could get to Italy, but we would need permission from the authorities in Italy to bring that criminal to justice. All of these outsiders in their original home are in Laniakea. So we're going to have to ask Laniakea two questions. Is there authority there to move this entire configuration into extinction protocol? So going to ask, do we have the authority to move them into extinction protocol?

Just listen in your mind. If you get a yes, raise your hand. Lady Akea, do we have permission? Okay. And then ask again. The PTO and their collective, do we have all of the energy secured, unplugged from your field, unplugged from earth, unplugged from a genetic family? Secured? Is all the energy secured? And if you get a yes, raise your hand. If you had gotten a no from Laniakea, you'd have just said, ok, laniakea.

Get permission, because that would be the court we'd go through.

And then you'd wait till she would say yes. Now you have permission. You would have her get the permission and then tell you, you now have permission. If you had gotten a no, the energy isn't secure, then say, okay, PTO, do whatever needs to be done to secure energy. And then you hold space until they say yes. So this whole configuration of energy is of domination, diminishment. Violence is not allowed anywhere in our earth, in our galactic family, in the Milky Way, or in Laniakea. That's already been decreed. They cannot do that work any longer. So we move them into the protocol of extinction, moving them back to their light, dust. Light, dust. They can never do that job again, can never have that agenda again. Breathe. Give your appreciation to the Lani Akea collective. So grateful we have them on board. To the Galactic Council collective that we have them on board. So grateful to the PTO team collective for the work they're doing. Bring your attention back to that rainbow energy moving up and down your midline, filling you with that rainbow divine who you are cleaning and healing and balancing. Let's just complete with this statement.

I am a presence of the divine star family manifesting our nature of all good in my life and throughout the planet. Move your consciousness into that reality and the

consciousness of all to whom you are connected in love into that reality. Deep six, anything that is, has or would keep it from you. Keep clearing that out. Causal team, defrag the fifth and write the software program clarifying, refining for myself and all to whom I'm connected in love. And anchor that program codes into the first dimension connected to Gaia, calling that forth from the mycelium and anchor the program itself in my fifth dimension as an active software program in my life. Then put yourself into a cook's hookup. Cross your ankles, interweave your fingers up under your chin, tongue at the roof of your mouth, and roll your eyes clockwise twelve times for the right hemisphere, twelve times for the left hemisphere. When you're ready, you can just do a short little vagus nerve relief release with your head tilted to one side, nose straight ahead, with your eyes up to the opposite side, till you feel a sense of sigh or relief again. Top hand at the top of your head.

Tip your head, look up with your nose straight ahead, your eyes up to the opposite side. Turn this over to your personal assistant. We haven't done too much work with her yet. Maybe you have, but okay, she's got it. She's got clearer instructions. Your personal assistant, refine your team. Bring your team up to date on where you are after this class tonight. One of the things that we might want to do as part of the assignment this week is claim your reality statement and then put it right down the midline of that cocoon, right down in the middle of you, the cocoon outside of you. And expand your cocoon.

Expand your cocoon like maybe 30, 5100ft out.

Your cocoon is huge.

Clearing your way, keeping you safe, keeping you balanced with that extinction shield on the outside, clearing and removing in a.

Bigger way this week and see how that might feel by extending that feel of sixfold out further. And when you're ready, you can bring yourself back to this circle. Take a breath and let's just find maybe one word as a takeaway or if you have questions, let's go for. Let's open the field for that till we close in ten minutes. So anyone wants anything to say? Okay.

Any questions or takeaways?

There's Pat.

Yes, Pat.

I don't know. That made me feel a lot stronger. Made me feel a lot more. Was I've had a very stressful and agitated week, and I wasn't even really sure I could be here now, as it were. But it's given me a stronger sense of who I really am. And I think a little bit more interest or curiosity about how life will unfold to allow me to see.

Perfect. Perfect. Yeah.

It has been an intense. You're not alone, Pat, in feeling the intensity. Those of us who are really not bowing under, we're not fighting, but we are holding a new place of our beingness. It has been intense, and fortunately, we have each other. We have tools, we have support in a lot of different ways.

So thank you for being part of that. Thank you, Pat.

I have one question. Would you please tell me what PTO stands for?

It stands for nothing. It's not an acronym.

It's not. Okay.

What happened is, in the early 1990s, I was made aware that I had opened up a clinic in Washington where I'd been teaching tag before. This was before my daughter's accident. And we had opened up a clinic so that we had three or four different tables in this bookshop, under. In the basement of the bookshop. And we had a free clinic every Saturday. And the students could use their Reiki, they could use whatever other tools they had, but they included the basic tag. And we were doing that free clinic. And I was made aware. I won't go into detail, that I was drawing attention, that we were being noticed, and it was going to be dangerous. So this, after we recognized that in Salt Lake City, one clinic that was

an integrated model had run into all kinds of problems because they were under attack, because they were noticed. So we put together the red rock to keep them invisible. That's part of the sixfold now. Only one part. So that's when I became aware, in my Seattle work, of the outsiders. I knew more about them because of. So I was going to bed one night.

This would happen many times as I was putting this program together, work together. There was a group that showed up by the side of my bed, and they were dots of light. And I didn't have my eyes open. Eyes closed. It didn't matter. There they were. And they said we would like to work with you. And I turned to my team, which Sananda was my touch point, still is my touch point. Are you aware of these beings? He said, I am. I said, do you think, should I listen to them? Because I'm not going know go down the garden path? He said, yes, it's important you listen to them. So they said, basically, we have the ability to discern the energy. We didn't call them outsiders at the time, but that's what they were. We have the ability to discern their energy. And to. It was like a pacman, we could extradite them and would you like us to help? So I turned to Sunanda and my team and I said, what do you think? How should we use them? They said, well, let's do a three day protocol to see what would happen. So the PTO team includes those beings of light that are not of our family.

They are outside of those. They were never trapped because they were always aware, super aware of the frequencies they could identify, the deceit, the domination. They could discern it at any level. So their families had never been invaded, so they had that ability, but they didn't have the right to work with us because they are not of our family.

We had to give them permission.

So we had those beings, and they never wanted to be named, and they never wanted to be identified where they come from. So I just call them dots of light. So they were dots of light. We had the dots of light. We had the tag team, and we had plutonian energy. Pluto energy, who could contain so that these little outsiders didn't slip away. So we had three components, the dots of light, who could identify it with the authority through the tag team to remove it, while Pluto energy beings kept it contained. So the PTO team doesn't stand for anything. I

just made PTO up. I don't even know why, but it contains those three components, and we've been using them ever since. They are now connected to the Galactic Collective council and to Laniakea. So now it's a very extensive team that goes beyond an individual's life, right out into Laniakea. So the PTO activates that entire collective, deep six activates that work in the entire collective of earth, our galactic worlds, Milky Way, and into Laniakea.

How did you learn to listen, Sharon?

I didn't have to learn. I had that gift from the beginning.

Oh, how lovely.

Yeah. Really grateful.

Yeah.

The first time I asked the question when, you know, that's what the men in Mormon church do.

They're supposed to be able to ask a question.

And here, when I heard that process being given to my husband, I went, that's curious. And so I tried it on the first question. First time.

Three pages.

Wow.

And I always checked it with Sananda. And I always checked it. I didn't have anyone to teach me, so I had to find my own way to.

Didn't.

Thank you.

But we all have it, and we have various ways of doing things right.

Okay, good. Pat.

Jen, I don't know if you want to unmute or if you have any questions.

You can unmute, and we're.

I don't have any questions.

Okay. What do you have?

Just a closing?

Yeah. Do you just have a takeaway word?

Oh, a takeaway word?

Yeah.

Like, what benefit, maybe did you get from tonight?

Gratitude.

Okay. Yeah, me too. I'm grateful for you.

And I know that this is important.

To do, not just for us here.

But to hold that for some of.

Our sisters who are spinning out there right now. And we're holding them in this space.



Okay, my loves, until next week. Till next week. And we may go over this part next week again because these are important pieces. That's all I know. We'll see. But we will see you next week. Always. You can know. Get a hold of me if you get on band and do done with your daily assignment. And Janelle did a great job. She started a chat to let me know that she couldn't be here tonight. So if you want to try band in different ways, certainly do.

Love you.

Love you, too.

Thank you.

Bye, everyone. Bye.