

# TAG Galactic Facilitator Course



## Wooden Cabinet

### Guided Imagery

- Think of someone with which you have a difficult relationship or interactions. This can be past or present.
- Imagine the person in front of you including his/her energy emotions.
- Freeze the form
- Imagine the person's form as if it is a cabinet. i.e. wooden cigar Indian
- This cabinet has a hinged door.
- Open the door and see what is inside the 'cabinet'.

As you see this inner form, work with your spiritual team. Ask, 'What is it that I am to do to bring transformation and healing?'

Anchor the change with a Reality Statement and Shift.